

## WORKSHOPS - WEDNESDAY 26 APRIL 2023

	Moderated by PALPRAC	Moderated by PatchSA	Moderated by HPCA
08:00-12:30	The management of treatment-resistant and complex pain in the palliative care setting	Managing children's total pain and distressing symptoms through whole-person care	Home-Based Palliative Care
12:30-13:30	Lunch		
13:30-17:00	Integrating palliative care into the ICU setting	The law, ethics, and shared decision-making in children's palliative care	Providing dignity and relief from suffering at the end of life
18:00-20:00	<b>Cocktail Event</b> Welcome from Conference Chairs: Dr Margie Venter and Dr Julia Ambler Welcoming Address: Mrs Tracy Winde		

## THURSDAY 27 APRIL 2023

PLENARY	08:00-08:30	Conference opening and welcoming addresses <b>Dr Aslam Dasoo (Chairperson of HPCA Board), Dr Ewa Skowronska, Dr Raksha Balbadhur, Dr Michelle Meiring</b>				
	08:30-09:00	Our story in Palliative Care <b>Prof Liz Gwyther</b>				
	09:00-09:15	Opening performance ritual by <b>Malika Ndlovu</b>				
	09:15-10:30	<i>Existential exploration of palliative care in a South African cultural context. A panel discussion</i> <b>Moderator: Dr Julia Ambler</b> <b>Panel: Dr Pelisa Ford, Dr Mpho Ratshikana, Prof Zukiswa Zingela, Prof Nokuzola Mndende, Mr Lawrence Mandikiana, Ms Kwanele Asante, Ms Malika Ndlovu</b>				
TEA BREAK	10:30-11:00					
RELEVANT	<b>Session Chairs:</b> Joan Marston, Sue Boucher		<b>Session Chairs:</b> Welly Hollander, Kerene Payne		<b>Session Chairs:</b> Fran Tong, Dr Ronita Mahilall	
	1	11:00-11:20	A study to understand the experiences of adolescents and young adults living with cancer in a northern cape public health setting <b>Dr Leana Spies</b>	Expansion of Palliative Care Training to online platform during COVID-19 Pandemic <b>Dr Ewa Skowronska</b>	The impact of palliative care on the quality of life of patients with cancer in Johannesburg, South Africa <b>Dr Mpho Ratshikana</b>	
	2	11:20-11:40	"I won't consent to the ICU!": The role of Paediatric Palliative Care teams in interpreting emotional expression disguised as goals of care <b>Chelsea Heneghan</b>	The ethical complexities of palliative sedation <b>Dr Shannon Odell</b>	Exploring the importance, meaning and experience of hope for adult patients with advanced cancer and their family caregivers in KwaZulu-Natal <b>Dr Colleen Cox</b>	
	3	11:40-12:00	Factors Influencing paediatric oncologists' decision-making when balancing curative and non-curative treatment options at diagnosis in Low- and Middle-income Countries (LMICs) <b>Dr Amy Porter</b>	The long road to palliative care for cancer patients <b>Zodwa Sithole</b>	Practical application of psychotherapeutic interventions that empirically improved dignity in South African palliative care patients <b>Dr Raksha Balbadhur</b>	
	4	12:00-12:20	Impact of cultural beliefs in relation to osteosarcomas <b>Tracey Brand</b>	A palliative counselling and communication service in the ICU setting during the Covid-19 pandemic <b>Yolande Riekert</b>	Occupational engagement in the face of death. An occupational therapy perspective in palliative care <b>Madelein Kritzinger</b>	
LUNCH	12:00-13:30					
PLENARY	13:30-14:30	Sustaining palliative care in public and private healthcare sectors <b>Moderators: Dr Raksha Balbadhur, Ursula Torr, Mrs Juanita Arendse and Prof Shivani Ranchod</b>				
SUSTAINABLE	<b>Session Chairs:</b> Prof Julia Downing, Dr Sam Govender		<b>Session Chairs:</b> Dr Ewa Skowronska, Dr Sonia van der Spuy		<b>Session Chairs:</b> Linda Greeff, Dr Jennie Morgan	
	5	14:30-14:50	Sustainable models of PPC care for South Africa <b>Dr Michelle Meiring, Dr Justin Baker, Joan Marston, Alex Daniels</b>	Measuring Quality of Care: Data analysis in palliative care <b>Wayne Oxford-Huggett</b>	We can always do something: Expanding access to palliative care through a hybrid multidisciplinary team <b>Dr Barbara Matthews</b>	
	6	14:50-15:10	Supporting optimal end of life care: A funder's perspective <b>Kim Cardwell</b>	A rural palliative Care programme in the Western Cape province of South Africa – a four-year review <b>Prof Louis Jenkins</b>		
	7	15:10-15:30		The Aligned Palliative Care Programme – Strategies to increase early initiation of palliative care in patients with advanced cancer and related outcomes <b>Dr Linda Holding</b>		TeleHospice as a component of a Hub and Spoke palliative care service in western Kenya <b>Kenneth Cornetta</b>
TEA BREAK	15:30-16:00					
PLENARY	16:00-17:00	Integration and innovation in Palliative Care Education and Training <b>Moderator: Dr René Krause</b> <b>Panel: Prof Lionel Green-Thompson, Dr Tania de Villiers, Prof Leon Holtzhausen, Dr Michelle Meiring</b>				
SHORT BREAK	17:00-17:30					
INFORMAL WORKSHOP <i>RSVP REQUIRED</i>	17:30-19:00	Navigating the private sector <b>Coordinator: Dr Margie Venter</b>				

# FRIDAY 28 APRIL 2023

	07:00-08:00	PALPRAC AGM			
	08:00-09:00	Poster presentations			
	08:00-09:00	Values in Healthcare Experiential Workshops – a support programme for carers & Mindfulness <b>Coordinators: Dr Raksha Balbadhur &amp; Christine Nachmann</b>			
	08:30-09:00	Meet the paediatric experts <b>Coordinator: Dr Michelle Meiring</b>			
<b>PLENARY</b> Leave no one behind - ensuring access to palliative care for all		<b>Chairs: Dr Michelle Meiring and Dr Margie Venter</b>			
	09:00-09:30	<i>Adult palliative care screening tool (SPICT)</i> <b>Dr René Krause</b>			
	09:30-10:00	<i>Paediatric Palliative Care – Specialist versus generalist care</i> <b>Prof Jan Du Plessis</b>			
	10:00-10:30	<i>Outcome measures in palliative care</i> <b>Prof Julia Downing</b>			
<b>TEA BREAK</b>	10:30-11:00				
<b>INCLUSIVE</b>		<b>Session Chairs</b> <b>Tracey Brand, Dr Karl-Günter Technau</b>	<b>Session Chairs:</b> <b>Tracy Rawlins, Dr Lyndal Gibbs</b>	<b>Session Chairs:</b> <b>Dr Janet Stanford, Hilary Grey</b>	
	8	11:00-11:20	Caring for children with life-limiting conditions in the community through improving their access to palliative care <b>Yvette Andrews</b>	The Biology of Grief <b>Laanise Shortell</b>	Palliative sedation – clinical complexities <b>Dr Mike Brown (Learning session)</b>
	9	11:20-11:40	Parents' perceptions of their children participating in paediatric palliative treatment and care <b>Penelope Mathe</b>	Organ donation after circulatory death – Are we offering donation in all appropriate circumstances – positive kidney transplant outcomes in a South Africa DCD experience <b>Dr David Thomson</b>	Renal supportive care <b>Prof Nicky Wearne (Learning session)</b> <i>Virtual presentation with live Q &amp; A</i>
	10	11:40-12:00	The plight of abandoned children with life-limiting conditions in South Africa <b>Tarryn Bell</b>		Alternatives to haloperidol and morphine shortages <b>Dr Dalene van Jaarsveld (Learning session)</b>
	11	12:00-12:20	Review of a Comprehensive Model of Paediatric Palliative Care Delivery in Cape Town <b>Dr Michelle Meiring</b>	Correlation of survival with two palliative needs assessment tools in cancer patients in a South African Surgical Emergency Center <b>Dr Henriette Burger (Virtual presentation with live Q&amp;A)</b>	Palliative care in patients with COPD and end-stage heart failure <b>Dr Lindsay Farrant (Learning session)</b>
<b>LUNCH</b>	12:20-13:30				
		<b>Research hub:</b> Do you hold an MPhil in Palliative Medicine (or equivalent) or a PhD? Are you engaged in research? Are you interested in being involved in research in the field of Palliative Care? Join us for a discussion to work on an action plan for how we can support and grow our Palliative Care research community in South Africa and beyond			
<b>PLENARY</b> Dignity		<b>Plenary Chair: Dr Justin Baker</b>			
	13:30-14:00	<i>Understanding and enhancing the dignity experience of SA patients with advanced disease</i> <b>Dr Raksha Balbadhur, Prof Frank Brennan</b>			
	14:00-14:30	<i>More than 'the cardiac in Bed 5': Preserving patient dignity</i> <b>Moderator: Dr Michelle Meiring</b> <b>Parents speak of their experiences: Rod Bloom, Melissa Williams Platt; Bonni Suckling</b>			
<b>RELEVANT</b>		<b>Session Chairs:</b> <b>Alex Daniels, Busi Nkosi</b>	<b>Session Chairs:</b> <b>Ursula Torr, Zodwa Sithole</b>	<b>Session Chairs:</b> <b>Dr Jesne Kisten, Michelle Damon</b>	
	12	14:30-14:50	Assessing the success of a uniquely South African online learning platform for paediatric palliative care <b>Sue Boucher</b>	Why palliative care is MY business: recounting the lived experiences of health care providers in a hospice setting and exploring ways of retaining them in our organisations to provide this critical area of health care <b>Francesca Tong</b>	Rural experience of end-stage renal disease <b>Hilary Grey</b>
	13	14:50-15:10	The use of storytelling and forums as a teaching strategy: creatively incorporating the art of nursing into paediatric palliative care (PPC) education <b>Tracy Rawlins</b>	Reframing Guilt and Blame: A tool for paediatric palliative care teams guiding debrief discussions following patient deaths <b>Dr Sarah Halix</b>	Community participation in establishing an integrated palliative care program (Heideveld) <b>Dr Jennie Morgan</b>
	14	15:10-15:30	A reflection on the hidden curriculum in a multi-disciplinary paediatric palliative care course <b>Dr Rika Swanzen</b>	Changing the Ending <b>Dr Dawn Garish</b>	A study to identify the burden of chronic disease on a private emergency medical service in the southern sub-district of Cape Town, and if there is a need for palliative care provision in the pre-hospital healthcare sector <b>Dr Linley Holmes</b>
<b>TEA BREAK</b>	15:30-16:00				
<b>PLENARY</b>	16:00-17:00	Doing it differently: Remodelling palliative care for South Africa <b>Moderator: Dr Michelle Meiring</b> <b>Chairs: Mr Lawrence Mandikiana, Ms Sandhya Singh</b> <b>Panel: Dr Mpho Ratshikana, Dr Jennie Morgan, Dr Kat Evans, Tersia Burger, Joan Marston</b>			

# SATURDAY 29 APRIL 2023

	08:00-08:30	Poster presentations			
	08:00-08:30	Grief Yoga Class for Professionals by <b>Lanise Shortell</b>			
	08:00-09:00	Values in Healthcare Experiential Workshops – a support programme for carers & Mindfulness <b>Coordinators: Dr Raksha Balbadhur and Christine Nachmann</b>			
<b>INCLUSIVE</b>		<b>Session Chairs:</b> <b>Prof Brenda Marrow, Dr Karl-Günter Technau</b>	<b>Session Chairs:</b> <b>Thaanayah Gydien, Dr Lindsay Farrant</b>	<b>Session Chairs:</b> <b>Denise Huxham, Dr Sonia Van Der Spuy</b>	
	15	09:00-09:20	Gastrointestinal ostomies in paediatric palliative care – surgical perspectives <b>Dr Marion Arnold</b>	Palliative care and mental illness <b>Dr Michelle King (Learning session)</b> <i>Virtual presentation with Live Q&amp;A</i>	Peripheral vascular disease and the need for palliative care <b>Dr René Krause (Learning session)</b>
	16	09:20-09:40	Palliative care for a child with hollow visceral myopathy: Challenges and lessons <b>Dr Lyndal Gibbs</b>	An observational study of understanding of spirituality and spiritual care in palliative care in five countries <b>Joan Marston</b>	Palliative care after severe or life-threatening stroke <b>Dr Clint Cupido (Learning session)</b>
	17	09:40-10:00	Tempo and touch, sound and smell: an integrative approach to complementary therapies in paediatric palliative care <b>Mari Stevens</b>	Spiritual care within palliative care: Perspectives from soul carers in South Africa <b>Rafaela Peerutin</b>	The golden thread through MND <b>Dr Mitchell Scott (Learning session)</b>
	18	10:00-10:20	The various roles of Art Therapy in palliative care <b>Angela Rackstraw</b>	In conversation with death: Riding on the death train <b>Pierre Matthee</b>	Sherry's Quality of Life Plan; living optimally with motor neuron disease <b>Elizabeth Scrimgeour</b>
<b>TEA BREAK</b>	10:20-11:00				
<b>PLENARY</b>		<b>Plenary Chairs: Leigh Meinert and Shannon Odell</b>			
		11:00-11:20	Ethics in Perinatal Palliative Care <b>Dr Julia Ambler</b>		
		11:20-11:40	Ethics in Geriatrics <b>Dr Susan Coetzer</b>		
		11:40-12:00	Death is part of the job: navigating personal and professional losses <b>Dr Nelia Drenth</b>		
			<b>Coordinator: Dr Julia Ambler and Dr Margie Venter</b>		
		12:00-12:30	The way forward <b>Mark Heywood</b>		
		12:30-12:50	Wrap up and Prizegiving		
	12:50-13:00	Closing and farewell <b>Tersia Burger</b>			